



**GARDEN FRESH SALAD** - greens, tomatoes, cucumbers, onions, avocado, topped with alfalfa sprouts, raisins, almonds and sunflower seeds. Served with your choice of dressing (5.99)

**\*try it with a scoop of one of our homemade salads for \$2.25!**

**SOUP** - Homemade daily (\$4.45)

**SANDWICHES** - on freshly baked bread with organic alfalfa sprouts, tomato, onion and vegemise

**Egg Salad** - homemade with farm fresh, organic eggs, celery, vegan mayo (\$5.75)

**Tuna Salad** - homemade tongul tuna (water packed), celery, vegan mayo (\$5.75)

**Tofu Salad - a customer favorite!** - homemade salad of tofu, celery, carrots, vegan mayo, spices (\$5.75)

**Hummus** - homemade spread of garbanzo beans, tahini, garlic, lemon, parsley and seasonings (\$5.75)

**Baked Falafel with Tzatziki Sauce** - falafel served with homemade tzatziki, garnished with hummus, lettuce, tomato and onion on a pita (\$6.95)

**Garden Sandwich** - avocado, tomato, lettuce, onion, carrots, cucumbers, sprouts, with goddess dressing (\$5.95)

**Tabouli Salad & Hummus** - homemade tabouli with hummus, served on an ezekial wrap (\$5.95)

**Avocado Sandwich** - avocado with choice of cheese or tofu salad (\$5.95)

**Avocado Supreme** - avocado with tofu salad **or** hummus and your choice of cheese (\$6.95)

**Veggie Burger** - a meatless grain and vegetable burger (\$5.95)

**Santa Fe Burger** - veggie burger with cheese, salsa, avocado (\$6.95)

**KIDS MENU** - served on oatmeal bread

**Organic Peanut Butter & Jelly or Honey or Bananas** (\$2.95)

**Organic Cheese Sandwich** (\$2.95)

## BEVERAGES

**Carrot Juice—fresh and organic** - Add beets, celery, ginger, garlic, parsley, etc. (Starting at \$4.00)

**Organic Fruit Smoothie**—frozen fruit and organic apple juice. Goji, Acai or other supplements upon request. (Starting at \$4.95)

**Herbal Iced Tea** (\$2.50)

**Cold Brew Organic Coffee** (\$2.75)

## ADD-ONS AND SIDE ORDERS

**Homemade Salad Side Orders** - served with spring mix or sprouts and crackers

Egg Salad, Hummus, Tabouli, Tofu Salad, Tuna Salad - (\$3.50)

**1/2 Avocado** (\$.99)

**Cheese - Organic or Soy** (\$1.25)

**Side of Dressing** (\$.75)

**fresh  organic  made-to-order**

### Diane's Natural Market Cafe

240 SR 312

St. Augustine, FL 32092

904-808-9978 / 904-808-9985 FAX

Located in the Hobby Lobby/Bealls Shopping  
Plaza on Hwy 312 and US 1

### Diane's New Dawn

110 Anastasia Blvd

St. Augustine, FL 32080

904-824-1337 / 904-824-3860 FAX

Located just 2 blocks South the Bridge of Lions  
on the East side of the street